

MOTHER/CHILD CLUSTER

NEONATAL INTENSIVE CARE UNIT

DELTA SITE - 02/434.82.03

**NEURO-DEVELOPMENTAL
FOLLOW-UP FOR
PREMATURE INFANTS**



CHIREC - SITE DELTA
Boulevard du Triomphe, 201-1160 Brussels



Surname, First name:

Born on at : AM/PM

Place of birth:

Atweeks

With a birth weight ofgrams



WELCOME TO THE NEONATAL CARE UNIT

Dear parents,

Welcome!

Your baby was born earlier than expected and has been welcomed into our neonatal unit.

Neonatologists, nurses, and paramedics will do their utmost to ensure that your baby develops in the best possible way, the team is there to reassure you at every step.

He or she will receive daily care and you will see, day by day, continuous progress towards the long-awaited moment: **the discharge from hospital.**

However, given his or her prematurity, your baby's development will need to be monitored up to 5^{1/2} old. This will allow the follow-up team to arrange any appropriate support that may be necessary.

BEFORE BEING DISCHARGED

Medical check-up invoiced with hospitalisation:

- Medical check-up
- Visit of the "Boboth" physiotherapist, Ms. Guislain Bénédicte.
- Psychological follow-up by one of our child psychiatrists or psychologists.

AFTER BEING DISCHARGED

After discharge, a child psychiatrist will observe your baby according to the T.B. Brazelton theory.

The purpose of this observation is to assist you in discovering your baby, to highlight his/her skills and qualities, and detect the signs that you will be able to interpret in order to meet his/her needs and help him/her to become accustomed to a new environment.

In order for this observation to be realized in a comfortable and appropriate setting, your baby should have eaten ideally two hours before observation and be asleep.

DURING THE FIRST YEAR

A hearing test is planned within the first year.
A letter will be sent to you in due course.



DEVELOPMENTAL FOLLOW-UP FOR PREMATURE BABIES

Our team is composed as follows:

A paediatrician: Dr GOUDER de BEAUREGARD Vanessa

A paediatric neurologist: Dr CHRISTIAENS Florence

A neuropsychologist: Ms. SCHLOGEL Camille
Ms. BANDELLA Nicolette

A physiotherapist: Ms. GOFFART Anne
Ms. DE BAST Brigitte
Ms. WILLEMS Françoise

A speech therapist: Ms. TILMANT Anne-Sophie

Our secretaries: Ms. GUILLAUME Michèle
Ms. CLERBOIS Stéphanie

The assessments will be carried out by the INAMI, if the conclusions have been made by the neuro-paediatrician.

Visits within the framework of the INAMI convention on monitoring the development of extremely premature babies:

Two groups of babies are concerned:

- **Gr I :** < 31 weeks and/or < 1500gr
4 check-ups
- **Gr II :** 31 to 31^{6/7} with a weight > or = to 1500 gr
2 check-ups (check-up B + D)

Check-up A: between 3 and 6 months

Neuro-paediatrician, Neuropsychologist, Physiotherapist

Check-up B: between 9 and 14 months

Neuro-paediatrician, Neuropsychologist, Physiotherapist

Check-up C: between 22 and 25 months

Neuro-paediatrician, Neuropsychologist (2x), Physiotherapist

Check-up D: between 4 ½ and 5 ½ years (ideally around 5 y/o)

Neuro-paediatrician, Neuropsychologist (2x), Physiotherapist, Speech therapist

Allow for 1 hour per consultation, so set aside enough time!



REGULAR CHECK-UPS

- **Ophthalmologist:** Dr KADZ Barbara / 1x per year (at DELTA)
- **ENT:** between 7 and 12 months, then between 18 and 24 months. (Doctor and place of your choice)

MAKING AN APPOINTMENT

All appointments will be booked by our secretary and your neonatologist will inform you of the dates and times when your baby is discharged from the neonatal care unit. The necessary prescriptions will be enclosed. A reminder text message will be sent to you 24 to 48 hours before the appointment.

If any of the appointments do not suit you or if your child is ill on the day, please inform our secretaries (Ms Michèle Guillaume and Ms Stéphanie Clerbois) on 02/434.82.05. You can also contact them by e-mail: neonatologie.delta@chirec.be.

In the absence of the secretary, you can call the consultations department directly on **02/434.81.00**

*If you have any questions, do not hesitate to put them to us,
we are always here for you.*

*We wish you every happiness
as you take your baby home to discover
the world together.*

See you soon...



NEXT APPOINTMENTS

- **Brazelton at the Delta Hospital (located on the 1st floor) - 02/434.81.00**

On at

Dr

- **Bobath physiotherapist on the 1st floor of the Delta Hospital - 02/434.81.00**

On at
with Ms. GUISLAIN Bénédicte

- **In +/- 3 months on the 1st floor of the Delta Hospital - 02/434.81.00**

On at
with Ms. SCHLOGEL Camille or Ms. BANDELLA Nicolette
(neuropaediatrics consultations)

On at
with Ms. GOFFART Anne, Ms. DE BAST Brigitte or Ms. WILLEMS Françoise
(physiotherapist consultations)

On at
with Dr GOUDER de BEAUREGARD or Dr CHRISTIAENS Florence
(neuropaediatrics consultations)

OTHERS

.....

.....

.....

.....

.....

.....

.....

GOOD TO KNOW

- Apart from the check-ups, if you have any concerns, you can always make an appointment with Dr. M. Mathot, a neuro-pediatrician
- The INAMI subjects us to strict conditions for reimbursements, which is why it is important to respect the imposed procedure.
- Remember to bring your child's **"vignettes"** to each appointment.



PLEASE NOTE

The next appointments are scheduled around:

Check-up A - Scheduled.

Check-up B - I will contact you.

Check-up C - I will contact you.

Check-up D - I will contact you.

If the secretaries do not contact you, do not hesitate to call them as an oversight is always possible ...



CHIREC HOSPITAL GROUP



Site DELTA

Boulevard du Triomphe, 201 - 1160 Brussels
☎: 02 434 81 11



Site ST-ANNE ST-REMI

Boulevard Jules Graindor, 66 - 1070 Brussels
☎: 02 434 31 11



Site BRAINE-L'ALLEUD - WATERLOO

Rue Wayez, 35 - 1420 Braine-l'Alleud
☎: 02 434 91 11



BASILIQUE Clinic

Rue Pangaert, 37-47 - 1083 Brussels
☎: 02 434 21 11



EDITH CAVELL Medical Centre

Edith Cavellstraat, 32 - 1180 Brussel
☎: 02 434 43 33



PARK LEOPOLD Medical Centre

Rue Froissart, 38 - 1040 Brussels
☎: 02 434 59 11



EUROPE - LAMBERMONT Medical Centre

Rue des Pensées, 1 - 5 - 1030 Brussels
☎: 02 434 24 11



CityClinic CHIREC Louise

Avenue Louise, 235B - 1050 Brussels
☎: 02 434 20 00



JEAN MONNET Medical Centre

Avenue Jean Monnet, 12 - 1400 Nivelles
☎: 02 434 79 11